

motivation strategic reserves

match learning to energy

tips for learning



Why be strategic in your career?

You will go through multiple career changes

- Macroeconomic pressures
- Personal / family health
- Drive for career impact / calling

Strategy can help us prepare for inevitable career turning points

- Most of your waking attention will be consumed by your career
- Your work can have a large impact on who you will become

Connect with your motivation

Start close in - look for your north star

- Find your authentic voice what moves / excites you, and why?
- Being curious with one's emotions
- Continual questioning of one's identities

Reorient to your north star

- It's easy to forget our intentions under pressure
- Motivation ebbs and flows; transformation takes time
- Choose to reconnect with your original reasons for caring



Build a strategic reserve

Keep your eyes on the horizon

- Prioritize time for discovering new paths, opportunities, threats
- Always in tension with operations
- Learning rate matters

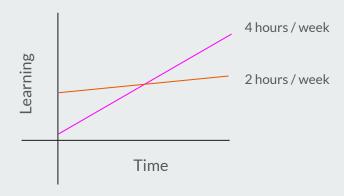
Increase your learning surface area

- Completely separate from work (least surface area)
- Go part time
- Automate / reduce responsibilities in your job
- Integrate current job (most surface area)

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MATCH LEARNING TO ENERGY

What do I do with my reserve?

Have a variety of activities to line up with different energy levels

- Right learning for right energy
- Passive / active learning
- Opportunistically learn

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If you were a hiring manager, what would you look for?

- It's never just experience or education
- Initiative; self authorization; motivation; drive for learning

Learning

Books / Book Clubs

Articles / Newsletters

Courses / Webinars

Podcasts

Build skills

Reflect

- Synthesize your learnings
 - Write in a journal / blog
- Map out different ways of achieving a new career state

Teach

- Attempting to teach concepts shows your blindspots
- Improves your communication and understanding

Present

Public speaking / presenting / panels

Experience

Start / join a startup

- Ensure you have the proper domain knowledge
- Warning: incredibly resource intensive (time / energy / money)
 - But usually a very high soft payoff (assuming failure)

Volunteer for boards / consulting / projects

• Research and have a list of possibilities

Continually look for ways to increase learning surface area

- Develop skills for your new career within your current one if you can
- Don't be afraid to switch jobs to gain perspective
 - Different role same company
 - Same role different company

Networking

Continually socialize your ideas of career to others

- Be a mentee, be a mentor
- Interview people in the next phase of your career

Join groups of interest

- Meetups, community events, startup community (friendly!)
- Slack groups you can find a surprising amount of opportunity
 - Nick's groups: Edmonton Startup Community, Dev Edmonton, All Tech is Human

Networking can help with flanking

Understand how to use the side instead of front door

Continually pursue jobs

Look for jobs even if you don't intend on getting them

- Set up career alerts on keywords
- Get to know the gap between where you are now and where you want to go
- Use interviews as practice rounds

Frame your work in terms of outcomes, not just responsibilities

- To communicate to others your work, per piece of work you get to talk about
 - 1-2 responsibilities (remember anybody can have responsibilities)
 - 1-3 outcomes (not everybody has accomplishments)
- Work backwards from outcomes



Use social deadlines

Sign yourself up for activities that involve preparation

- Large difference between internal and external deadlines
- Especially if you're out of a job critical to get outside of one's head

Articulate 60% thoughts

- Faster course correction
- Emotionally this is difficult but also an opportunity
 - Self awareness
 - Communication
 - Vulnerability
- Perfection is the enemy

You don't need to be a specialist to get ahead

Generalists vs Specialists

- Specialists excel at optimization
- Generalists can excel at transformation
- Expertise / fame isn't always correlated with accurate predictions

Range

- Breadth of experience and interest drives innovation
- Continually experiment
- Starting early and specializing is fashionable, but has dubious merit

Sometimes you'll need to pull back

Be gentle with yourself; persevere

- Don't expect yourself to be 100% on
 - motivation ebbs and flows
- There will continually be setbacks
- Allow the emotion, rekindle the fires as you can

Rest can be the doorway to courage

- Rest is stopping, but also coming home
- If it's not the right season of life to contemplate career, listen to that



Persevere in learning

Steps

- Connect with motivation
- Build a strategic reserve
 - maximize learning with limited resources
- Match energy and time to learning type
 - Know the different ways that keep you learning

Tips

- Use social deadlines; try teach others
- Specialization doesn't always trump generalization
- Articulate 60% thoughts
- Be gentle with yourself
 - Preserve the fires within

Resources for the journey

Career Tools Podcasts

https://www.manager-tools.com/career-tools-basics# https://www.manager-tools.com/map-of-the-universe

On Motivation

Consolations - The Solace, Nourishment and Underlying Meaning of Everyday Words - David Whyte https://davidwhyte.com/pages/consolations

Generalists vs Specialists

Range - Why Generalists Triumph in a Specialized World - David Epstein https://davidepstein.com/the-range/

EACOS - Edmonton Advisory Council on Startups

https://www.eacos.ca https://edmonton-startup-slack-sign-up.herokuapp.com/

Thanks.

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